



# Washington Message

# NEWS



Editor  
Ruth Williams

July 1, 1956  
Kennewick, Wash.

## SPOKANE CONVENTION A SUCCESS

Everyone agreed that the convention held at Spokane, June 8-9-10 was a huge success, from the grand get-together on Friday night to the last demonstration on Sunday afternoon. Every minute was jam-packed full of interesting things to see and do. Spokane showed their stuff and again gave us a fine time together. Much praise was heard among the group of the fine time everyone had. The entertainment, the food, the demonstrations, all were perfect. Thanks from us all.

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We are trying out a new policy this year on our editorial staff. Each chapter will have an associate editor (names to be announced next month) to help out the general editor. Each chapter is cutting their own stencil, and we are hiring the memographing done. It will take us a month or two to become smooth running, but I think it will be an improvement over the past, and will make a very interesting paper. The 20th of the month will be the deadline for each associate editor to have all material in the editor. Anything coming in after that date will be held over until the next month. Each Chapter will buy the own stencil saving the editor the trouble of having to mail them each month. (Remember: Legal size. Four hole. Do not use more than 58 lines on each stencil.)

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Many interesting things happen at conventions. The A.A.M.M. is no exception. Mrs. Betty Lewis, Payette, Idaho, and Pearl Lewis Hoppy, Clarkson, Wash., were seated at the same luncheon table Sunday and discovered that they were TWINS!! Same name- same schools- same birth day- same number of children-etc. They had lots of fun comparing and getting acquainted. Small world.

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## ON TO NATIONAL CONVENTION

National convention is to be held August 2-3-4-5, 1956, at Plantington House, Milwaukee, Wisconsin. So far there is room for 2 more riders in the Jess Williams car. Any one wishing to go please contact them soon.



## NEWS FROM SPOKANE CHAPTER

Report on State Convention.

Friday night -

Registration of 22 members on the Mezzanine of Davenport Hotel with a party following in the Elizabethan D.E. Room.

Saturday morning-

Presentation of the Flag.

Fledge to the Flag.

Invocation by Pryor Canaday.

Welcome address by Garland Strum of Spokane Chamber of Commerce.

Noon-

Adjournment, a nice free lunch was served and a very inspiring talk on the "Power of Positive Thinking" was given by Reverend Phillip Stoven.

Saturday afternoon-

Very interesting and educational demonstrations were given by Arthur Mann, C.R. Soper, M. Niedfelt, Mr Canaday. Saturdays business was followed by a banquet and entertainment. A brilliant performance was given by the Silver Spurs Dance Group. Also enjoyable and entertaining were a sleight -of-hand act by Dick Meyers, an Adagia Tauce Team from Maxine Doty's Studio, a skit by Pearl Hoppe and Ernal Rothgeb, pianologs by Fanny Collins, and vocal selections by Florence Taylor accompanied by Ellen Bittner.

Sunday-

The main business was election and installation of the following officers: President- John A Murray, vice-president Pearl Hoppe Secretary-Treasurer- Pete Eitreim Board of Directors: C.R. Soper, Leston Short, Blossom Guntley, Millicent Markus, Abthur Mann.

We regret that the convention was not a Tri-state convention. The Spokane Chapter was not notified by Oregon and Idaho in time to make this possible.

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A special meeting was held by the Spokane Chapter Sunday morning June 10, 1956 to elect the following officers: Pres. C.R. Soper, Vice-Pres. Steve Masson, Sec.-Treas. R. A. Butt.

A meeting was held by the chapter June 22, 1956 in order to prepare a report on the State Convention to be sent to the Washington News.

A very sincere vote of thanks and gratitude was given to F.E. Block and Leston Short for their years of loyal service to the Washington State Chapter. Every Spokane member is keenly aware of their debt to these Brothers, as well as Mrs. Florence Taylor. There will be no further news until September, when Spokane Chapter will resume its meetings.

Reported by R.A. Butt, Spokane

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### CHEMICAL INVENTORY

When the breath is foul and the tongue is dry and the face is hot, a sodium diet will prove of great benefit. Heartburn, so-called or a burning sensation in the stomach, indicates sodium starvation. When joints are stiff and calcareous deposits, such as gallstones, kidney stones and bladder stones, appear, the diet is deficient in sodium. It is a paramount principle in dieting for the correction of hardening arteries. All old people, all bone type people, all ligament people, need sodium in abundance. The following foods are rich in sodium: bean sprouts, bamboo tips, celery, fowl gizzards, spinach, swiss chard, tomatoes and asparagus.



NEWS FROM THE OREGON  
CHAPTER. C.A.Tyler, Reporting.

Last bi-monthly meeting Ore. Chapter A.A.M.M. was held in the Dundee Community Hall, Dundee, Ore., with Mary Altman and Elsie Sander as co-hostesses. A good turn out was had with some old faces showing along with the new ones.

Which brings up the matter of membership. This chapter had to make a new start to where we now have a membership of 17, which isn't so bad. However, this is only a small amount of the potential numbers which we should have. Since the joining won't be any cheaper, visitors are urgently requested to join our ranks and help promote the massage profession. It's a sinch, the other profession won't help if they can get out of it. The cost will long be forgotten after you've made the initial payment.

Next meeting of this chapter will be held Sept. 9th at Eugene, Ore., with past pres. Ruth Pines as hostess. You Portland 'member' get out of your shell and plan to attend this meeting.

Yours truly has been delegated to attend the Nat'l Convention as a representative from the Ore. Chapter this year.

May I again call your attention to the little matter of one dollar for stamps which the Nat'l Sec. Treas. needs. You can also get shoulder emblems, decals for cars or windows from your treasurer. Some have paid but most of us haven't. Please!

Those attending the Tri-State Meeting held at Spokane, Wash., were Olen Rose, Mildred Churchill, and Dr. Cotner who all report a very successful convention. Sorry, more of us couldn't have attended as all of us can learn a little bit more about our profession. Demonstrations on 'Treatment for Multiple Sclerosis' by Mr. Mann; 'Massage as required by Athletic Clubs' by John Murray; 'Treatments for Arthritis' by Mr. Canady; 'Technique on Muscles Stretching' by Soper; 'Technics for Correcting Sacral Difficulties' by Neifeldt and others can and do increase our personal efficiency.

With the strawberry season in full bloom, cherry chop coming up, and a heavy bean prospect in view, business 'south of the boarder' looks good.

REMEMBER\* On to Milwaukee for the NATIONAL CONVENTION! Be seeing you soon I hope. I hope.

P.S. This is my first stencil. Please pardon the errors.

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THOUGHT FOR TODAY :

HALF OF THE ILLS WE HOARD WITHIN OUR HEARTS  
ARE ISSS BECAUSE WE HOARD THEM.

-BRYAN WALLER PROCTER

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TRI-STATE CONVENTION TO BE HELD IN KENNEWICK, WASH. JUNE, 6-7-8, 1957.  
It is to be handled in much the same manner as the Spokane, this year.



W-E-S-T-E-R-N

Seattle Chapter A.A.M.M.

A plan has been worked out, for the present, by our Local President Pryor Canaday, and myself. That all material for the Washington Massage News, from our local chapter shall be mailed to me, at this address.....John A. Murray, Room 312. Ray Hotel, 1806½--8th Ave--Seattle 1. Washington.

It will be my duty to proof read all articles, make corrections in spelling and gramatical errors, if any. Then turn them into our typepost, who will cut the stencil, to be mailed to Ruth Williams, for mimeographing and compiling the Washington Massage News.

In the event that there may be errors, too great for correction, the article will be returned to the writer, with a notation for suggested correction, that it may be rewritten, thus saving embarrassment to the writer, later on when his or her article appears in print. So, do not hesitate if you have an idea, or a technique, that you feel is worth while, send it in, we will get it into print, for the benefit of our fellow members, If it is a lengthy article we will print it if we have to make two or three editions, Lets have it.

John A. Murray  
Washington State President.

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W-E-S-T-E-R-N U-N-I-O-N  
T-E-L-E-G-R-A-M

June 9, 1956

BEST WISHES TO ALL OF YOU, AND HERE IS HOPING YOUR CONVENTION  
IS A GRAND SUCCESS

HARRY J MARTIN

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A WORD FROM THE PRESIDENT

The Washington State and Tri-state convention held in Spokane Washington, was a very enjoyable and educational convention.

The Spokane members of the A.A.M.M. proved to be excelent hosts. in a perfect setting, The Davenport Hotel, with the Spokane Chamber of Commerce furnishing the most ideal weather.

Florence Taylor and Leston Short, carried the burden of the entertainment and arrangements, doing a wonderful job. A fine representation of the Spokane members were in attendance, throughout the convention. The members from greater distances were not as numerous, a fair representation from west of the mountains. Oregon and Idaho were represented with delegates from each of the states.

Many worth while problems were brought before the convention and discussed, passed or rejected as the case might be. Some interesting techniques, were demonstrated, or lectured upon.

Much praise is due Arthur Mann retiring State President, and F.E. Bloom retiring Secretary-treasurer, for three or more years of very fine service.

Continued



Continued.

Having been chosen to be your State President, for this coming year, I only hope that I can do as fine a job as these men have done. I had no aspirations for this office. As my fellow members seemed to want me to be their State President, I will try, with the help of you, to make a good state President. I hope we can have peace and harmony and work co-operatively, for the good of all of us.

Our Whole American Association is small and in the creeping stage yet, and many obstacles are to be overcome. Many mistakes will be made, in our efforts to make progress. So it will take all of us, plus many new members, to make the A.A.M.M. what we hope it to be. With all your help, and God's help, it can be done.

Faternally

John A. Murray, Washington State President.

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#### REQUIREMENTS FOR ACCREDITED MASSAGE SCHOOLS

- 1 Pre-entrance examination
  - 2 High school diploma or equivalent.
  - 3 Massage school must issue a diploma or equivalent.
  - 4 Subjects required: ANATOMY, PHYSIOLOGY, ETHICS, HYGIENE, AND THE THEORY AND PRACTICE OF MASSAGE AND RELATED TECHNIQUES.
- Final examination on all subjects.  
The school shall be accepted by the local chapter of the A.A.M.M. if there be one, and if not, it should be recommended by the local Chamber of Commerce.

Class A school: Six months (600 hours or over.)  
residence course.

Class B school: Three months (300 hours or over)  
residence course.

Class C school: Correspondence course and three months clinical training or apprenticeship (100 hours)

Class R school: One engaged in research of Massage and related technique

These rules have been set up by the schools and colleges committee and are subject to the passing of them at national convention. They are not mandatory as yet.

Ruth Williams, Chairman.

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We were asked for a list of the schools and colleges that the committee has been working, by so many people at the convention and in letters that we have decided to put the list in this month's "News". Please save your copy for further reference. The list has been sent to the national officer and will be considered at national convention. We will welcome any comment pro and con concerning these schools.

R.W.

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Next month we will try to have something from the Central section of Washington.



SCHOOLS AND COLLEGES APPROVED BY THE  
AMERICAN ASSOCIATION OF MASSEURS AND MASSEUSES  
SCHOOLS COMMITTEE

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OREGON SCHOOL OF MASSAGE AND HYDROTHERAPY Class A  
5215 N. E. 30th Ave. Six months course  
Portland 11, Oregon \$250.00 tuition

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LOS ANGELES SCHOOL OF MASSAGE AND PHYSICAL THERAPY Class A  
3671 West 6th Street 760 hours  
Los Angeles 5, California

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CALIFORNIA SCHOOL OF PHYSICAL THERAPY Class A  
1125 Atlantic Ave. 760 hours  
Long Beach 2, California.

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Dayton School of Massage 12 months residence course  
3 N. Williams Street Class A  
Dayton 7, Ohio

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PALMER'S COLLEGE OF SCIENTIFIC MASSAGE AND THERAPY  
116½ Main Street 600 hours Class A  
North Little Rock, Arkansas tuition \$150.00

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KELLBERG INSTITUTE OF SWEDISH MASSAGE & PHYSICAL THERAPY  
32 N State Street, Massage course \$125.00 Class A  
Chicago 2, Ill. Colonic Therapy course \$60.00  
P.G. course \$85.00

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MID-WESTERN COLLEGE OF PHYSICAL THERAPY  
Drawer 8 Mehlville Station 2385 hours or 2 years Class A  
St Louis 23, Missouri tuition \$50.00 a month

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COLLEGE OF MEDICAL EVANGELISTS, SCHOOL OF PHYSICAL THERAPY Class A  
312 No. Boyle Ave. 15 months course  
Los Angeles 33, California tuition \$300.00

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DE PALMA COLLEGE OF SWEDISH MASSAGE (Massage and Physiotherapy)  
525 W. 19th Street Class A  
Houston 8, Texas 6 months course

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GREAT LAKES COLLEGE & CLINIC (Mechanotherapy & Medical Massage)  
2010 Euclid Ave. Class A  
Cleveland 15, Ohio 744 hours plus 150 treatments  
tuition 50 per month

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DETROIT SCHOOL OF MASSAGE 1000 hours Class AA  
15139 Grand River tuition \$300.00  
Detroit 27 Mich.



WASHINGTON SCHOOL OF PHYSICAL THERAPY (Est 1936 Day & Evening Classes,  
1113 North Westcott Ave.  
Detroit 6, Mich.

Class B.  
tuition \$150  
three months course

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COLUMBIA UNIVERSITY, DEPT OF PHYSICAL THERAPY Class A  
650 W. 168th St. tuition \$750 & up  
New York City 32, N.Y. 1 & 2 year courses

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UNIVERSITY OF NATURAL HEALING ARTS (Physical Therapy)  
1075 Logan St. Class A.  
Denver 3, Colorado est. 1923  
3,000 hours, tuition \$40 per mo.

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SCHOOL OF NEURO\*THEOTHERAPY Class A  
Box 241, Route 5 3 year course 3,560 hours  
Olympia, Wash.

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INSTITUTE OF NATURAL HEALING Class C  
Box 123 Fruitland, Idaho. Correspondence course  
2 weeks residence

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SCHOOLS THAT ARE NO LONGER IN EXISTANCE WHOS STUDENTS ARE ACCEPTED  
BY THE A.A.M.M.

ACHATES SCHOOL OF MASSAGE, SAN FRANCISCO, CALIF  
LAWRENCE INSTITUTE OF PHYSIOTHERAPY, LOS ANGELES, CALIF.  
NATIONAL UNIVERSITY OF THERAPEUTICS, SAN DIEGO, CALIF.  
ANDERSON SCHOOL OF MASSAGE, BALTIMORE, MARYLAND  
WESTERN STATES COLLEGE, SCHOOL OF MASSAGE, PORTLAND, OREGON.  
CHICAGO COLLEGE OF NATUREPATHY, CHICAGO ILL.  
COLLEGE OF SWEDISH MASSAGE, CHICAGO, ILL.

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SCHOOLS THE COMMITTEE IS WORKING ON.

THE SWEDISH SCHOOL OF PHYSIOTHERAPY, NEWYORK CITY, N.Y.  
ACADEMY OF HEALTH, SCHOOL OF MASSAGE, HOT SPRINGS, ARK.  
CHILDRENS HOSPITAL SCHOOL OF PHYSICAL THERAPY, LOS ANGELES, CALIF.  
ROSANDER SCHOOL OF SWEDISH MASSAGE, OKLAND, CALIF.  
URBACH UNIVERSITY OF SWEDISH MASSAGE, LOS ANGELES, CALIF.  
AMERICAN SCHOOL OF MASSAGE, NEW HAVEN, CONN.  
AMERICAN RESTORATION MASSAGE SCHOOL, HONOLULU, HAWII.  
COLLEGE OF MASSAGE, BRIDGEPORT, CONN.  
EXCELSIOR SCHOOL OF MASSAGE, HONOLULU, HAWII.  
MASSACHUSTTS SCHOOL OF PHYSIOTHERAPY, BOSTON, MASS.  
D.T. WATSON SCHOOL OF PHYSICAL THERAPY, LEETSDALE, PA.  
SANDERS SCHOOL OF MASSAGE, HOUSTON, TEXAS.  
WITCHER SCHOOL OF SWEDISH MASSAGE, NORFOLK, VIRGINIA  
BROADMORE SCHOOL OF MASSAGE, SEATTLE, WASH.  
CENTRAL STATES COLLEGE OF PHYSIATICES, EATON, OHIO.  
INSTITUTE OF DRUGLESS THERAPY, TAMA, IOWA.  
O.M. BERVE SCHOOL OF MASSAGE, DENVER, COLORADO.